

## LIGHT LUNCH

### 4OZ WEST COUNTRY BEEF BURGER 9.0

Glazed bun, our own burger sauce, gem lettuce, pickled red onion, and fries. (996 kcal)

Add extra toppings for 1.50 each:

+ Smoked streaky bacon (169 kcal)

+ Monterey Jack cheese *v* (74 kcal)

+ Vegan cheese *vg* (61 kcal)

+ Chorizo & sweet chilli jam (63 kcal)

### STEAK FRITES 10.5

5oz minute steak cooked pink or well-done, with garlic & chive butter, sweet drop pepper & rocket salad, and fries. (675 kcal)

### SMALL FISH & CHIPS 9.5

Coated in a St Austell Ale & seaweed batter with garden or mushy peas, tartare sauce, and lemon. (1266 kcal)

Pair with Tribute, our light and zesty, easy-drinking pale ale.



### SMALL BANANA BLOSSOM 'FISH' & CHIPS *vg* 9.0

Instead of fish, we coat banana blossom in a St Austell Ale & seaweed batter with garden or mushy peas and vegan tartare sauce. (945 kcal)

### SMALL WHOLETAIL SCAMPI & CHIPS 9.5

Peas, tartare sauce, and lemon. (1060 kcal)

### LENTIL BURGER *vg* 9.0

Glazed bun, salsa, pickled red onion, baby gem lettuce, and fries. (1250 kcal)

### PORK PIE PLOUGHMAN'S 10.0

Squealer pork pie, Davidstow Cheddar cheese, spiced tomato chutney, pickled onion, salad garnish, baguette, and Cornish butter. (1202 kcal)

## SIDES

### CHIPS *vg* (566 kcal) 3.75

### CHEESY CHIPS *v* (774 kcal) 4.5

### FRIES *vg* (404 kcal) 3.75

### GARLIC BAGUETTE *v* (204 kcal) 3.75

### CHEESY GARLIC BAGUETTE *v* (412 kcal) 4.5

### DRESSED SIDE SALAD *vg* (68 kcal) 3.75

### APPLE & CELERIAC REMOULADE *v* (129 kcal) 3.75

### LETTUCE WEDGE *v* (225 kcal) 3.5

Blue cheese sauce and crispy onion.

### SUMMER GREENS *vg* (74 kcal) 4.0

Mangetout, sugar snaps, kale, and fine beans lightly coated in warm garlic oil.



## BAGUETTES, SANDWICHES & WRAPS

All baguettes, sandwiches & wraps are served with crisps and dressed salad garnish.

### ATLANTIC PRAWN & SEAFOOD SAUCE 9.5

Atlantic prawns coated in a classic seafood sauce on a bed of crisp iceberg lettuce. (615 kcal)

### ST EWE EGG, TOMATO & CRESS *v* 7.5

Cornish St Ewe egg mayo, mustard cress, and sliced tomato. (818 kcal)

### WALDORF SALAD *v* 8.0

Mature Davidstow Cheddar with red grapes, celery, apples, and toasted walnuts, wrapped in a blue cheese dressing. (633 kcal)

### CORONATION CHICKEN 8.5

Roasted chicken breast coated in our coronation mayonnaise with lime and coriander. (1024 kcal)

### BETROOT FALAFEL WRAP *vg* 7.5

Warm beetroot falafels, carrot & basil tapenade, and gem lettuce leaves. (584 kcal)

### SOUTHERN FRIED CHICKEN WRAP 8.0

Southern fried chicken strips wrapped in cheese slices with crispy lettuce and mayonnaise. (656 kcal)

### CREAM TEA 7.0 *v*

Two scones, Rodda's clotted cream, strawberry jam, and a pot of tea. (744 kcal)

Upgrade to Prosecco +6.0

Our allergen information is available on request. Please let your server know if you have any allergies or intolerances. We take steps to minimise the risk of cross-contamination when preparing your food, however, we do not have specific allergen-free zones in our kitchens. It is therefore not possible for us to guarantee separation of all allergens.

We have a separate menu available for guests looking to avoid gluten, please ask your server.

*v* - vegetarian · *vg* - vegan

Adults need around 2000 kcal a day.